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EASTERN ILLINOIS UNIVERSITY
Charleston, Illinois

ART TATE, Assistant Director, University Relations
Office: (217) 581-5983 - Home: (217) 348-7553

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FOR IMMEDIATE RELEASE:

ROTC AWARDS

CHARLESTON, IL--Mitchell Forrest, son of Clyde W. Forrest of Urbana, is the recipient of Physical Fitness Proficiency Award, the Association of the United States Army History Award, and the Academic Achievement Insignia through the U.S. Army Reserve Officers' Training Corps at Eastern Illinois University.

The Physical Fitness Proficiency Award is presented to Army ROTC cadets demonstrating outstanding physical conditioning who scored 290 and above on the Army Physical Training Test. The Association of the United States Army History Award is given to a cadet for outstanding performance in the field of military history.

The Academic Achievement Insignia is presented to the top ten percent of each ROTC class based on grades earned in ROTC subjects.

Forrest, a 1988 graduate of Urbana High School, was a junior majoring in history in the spring semester.

The ROTC trains college students to become commissioned officers as second lieutenants in the Army, Army National Guard or Army Reserve Forces.